

Our vision

At Ben Wyvis Primary School, we are committed to delivering an ethos of respect for all in our school community.

We aim to provide a happy, positive environment where everyone is listened to, supported, valued and nurtured through fun learning experiences.

Be the best you can be.

Ben Wyvis Primary Newsletter. March 2018

Cross Country

Well done to our Cross Country runners. Thank you so much to the parent helpers and staff who give up their time to help the children at sports events. The team returned with a number of medals.



Badminton—Busy times with 2 inter school matches, which resulted in Kieran Munro and Evan Beaton finishing 3rd in a recent tournament and qualifying for the tournament in Perth to represent the Highland. Brilliant news! Thank you to all the coaches, especially Lauren Beaton.



Thank you to Ian Gray from G & M motors, who is the Hockey Club sponsor. 7 children were selected at random to represent the team in the photo. Coaches, children and Parents are delighted with the strip which will be worn during tournaments.



News from the Parent Council:

The date of the A.G.M for the Parent Council will Wednesday 6th June at 6pm. All new parents and carers are invited to join us.

Thank you so much to Steph Rae for her time as Treasurer. We are looking for a co-opted treasurer until the AGM. If you are interested, please contact the parent council.



Sweets and fizzy drinks.

We have decided as a school and parent council to encourage healthy eating. Many children are bringing in sweets for tuck and juice or fizzy juice. Staff will be encouraging children to choose healthier snacks. As from next term, we will not be allowing sweets in school. Sweets will be placed in a safe place until the end of the school day. Please can water be brought to school for use in classes, not juice.

If your child is starting P1 in August, you would have received a letter with dates for transition.
Please contact the school office if you have not got a copy.

Dates for your diary

Monday 16th April	Term begins. Miss MacPhee joins as a student teacher in P5.
18th—20th April	Bush Craft Experience Days at school with Highlife Highland Outdoors. P1—P7.
26th April	P6 and P7. The Journey. A play about road safety.
Wednesday 2nd May	JRock Performance at school—details to follow
Friday 4th May	Open Afternoon in school from 1.30—2.30
Monday 7th May	Bank Holiday. School closed to all pupils and staff
11th May	<u>Dress Down Day</u> for the summer fayre.
14th May	Progression Week for children in P1—P7
15th May	School Mascot Day organised by P5. Activities organised for classes.
Friday 18th May	Kate Forbes, MSP— visiting the school
Saturday 26th May	School Summer Fayre
Monday 28th May—Friday 1st June	P7 Residential Trip to Altnacriche
Monday 4th June	INSET Day. School closed to all pupils
Wednesday 6th June	Parent Information Evening—new P1 parents. 5.15pm 6pm—Parent Council AGM
Friday 8th June	Reports home.
Wednesday 13th June	Sports Day. 9.30—11.30am Please also make sure your child has house colours for sports day. T-shirt or top.
Thursday 14th June	County Sports—those participating will be sent letters home
Tuesday 19th June	Summer Picnic. All children should dress up for a <u>Hawaiian Theme Day</u> .
20th, 21st and 22nd June	P7 to Dingwall Academy Parent Evening at Dingwall Academy—Thursday 21st June
20th June	Transition Talk and tour. 1.30—2.30. Individual letters have been sent out to families.
21st June	11—12. Moving up day for all children from N4—P6
Wednesday 27th June	9.30am Awards Assembly for whole school
Thursday 28th June	9.30am P7 Leavers Assembly and party. P7 parents welcome
Friday 29th June	School closes for the summer at 12.00
20th August	INSET Day for staff
21st August	School open to pupils
17th and 18th September	INSET days. School closed to pupils.

STOP PRESS!!

The Parent Council still need helpers for the **Summer Fayre** on Saturday 26th May. If you can help, even for half an hour, please do contact the Parent Council (benwyvispp@gmail.com)

There is a planning meeting on Thursday 3rd May at 6pm in the staffroom. All welcome.

Dress Down Day. 11th May. The Parent Council collect chocolate for one of the stalls at the Summer Fayre. This year, as per our healthy eating request, we have considered carefully the stall and have agreed that it is a special event. We are therefore asking, as per previous years if children can bring in a piece of chocolate or 50p. Monies collected will go towards the Summer Fayre.

Raffle prizes. If you are a local business or an individual who can donate a raffle prize for the Summer Fayre, please can you pop them into the school office.

Holiday Provision—Childcare. Bookings remain open until further notice, so if you are interested or need to book, please contact Gillian Semple, Childcare Manager.

Parking. We are very aware how difficult parking can be at school drop off and pick up time. Please be considerate of others and if you can walk to school, especially in the better weather, please do.

Security systems in school. The internal doors to corridors are now closed by a key fob. Internal doors will remain open in the school until 9.10am. If you are late after this, staff have to then take children to classes and this becomes difficult for the clericals. Please be prompt to school. All lateness is recorded on the registers.

Transition from P7 to S1.

Dingwall Academy are offering as the enhanced transition this year, 'Transition Drop In' slots for P7 pupils, parents/carers and any interested relatives. Mrs Kerr the Depute Head for Support will be available at the Academy on the following dates to answer any questions and she will also be able to show main areas of the school:

Monday 26th March 15:55 – 16:30

Tuesday 8th May 15:55 – 16:30

If you have any questions or worries, please do attend.

Dingwall Academy are also putting together a transition timeline so that parents/carers can see what goes on behind the scenes between the schools and what transition activities are available for pupils. The three transition days for P7's attending the Academy will be 20th, 21st and 22nd June 2018.

Free School Meals. Some parents may not realise that their child is entitled to free school meals. If you think you fit the criteria below, please do register. It also means that the school may be entitled to funding to support children through the Pupil Equity Monies.

Free school meals and assistance with school clothing can be claimed if you are receiving any one of the following:

- Income Support
- Universal Credit (where the monthly earned income does not exceed £610).
- Income-based Job Seekers Allowance
- Any income related element of Employment and Support Allowance
- Child Tax Credit, but not in receipt of Working Tax Credit, and your income is less than £16,105 (as assessed by the HMRC)
- Child Tax Credit and Working Tax Credit and an income below £6,420 (as assessed by the HMRC)
- If you are 16 to 18 yrs old and receive any of these benefits in your own right then you can claim for yourself
- If you are an asylum seeker receiving support

Children in primary 1 - 3. Remember if a child is in primary 1-3 they are automatically entitled to a free school meal, no application is necessary. However applications for assistance with school clothing must still be made. Primary 1 to 3 free school meals are a Scottish government funded initiative. The meal is optional.

- Primary 1 to 3 children are only entitled to a school meal at lunchtime. Parents and carers need to provide pupils with money for any other service provision in school such as morning break or breakfast
- There is no application process involved
- Parents and carers of primary 1 to 3 children still need to apply for clothing grants where applicable
- Parents and carers of children in Primary 4 to 7 if entitled still need to apply for free school meals following the usual process
- For medically confirmed special diets, applications need to be completed and returned to the head teacher
- Primary 1 to 3 children who are in a school with no meal provision will be reimbursed for every day that the child has been in attendance at school. This is based on the economic daily rate

Entitlements enquiries






Operations Team
PO Box 5650
Inverness
IV3 5YX

Telephone: [01463 703645](tel:01463703645)

Possible Change to the dinner menu

We are looking at updating the menu choices to encourage children to choose healthy options i.e. more fruit and vegetables. In some schools there is an option of a hot choice and cold choice. Menus can be altered slightly, but choices are set by a team of dieticians and the Highland Council. We have copied an example below of a new menu. The cold option would mean that fruit and veg are included in a 'grab and go' - paper bag (recyclable). Prices remain the same. We are looking into a possible choice of fillings for the cold options and would also consult with the children to make sure the menu choices are ones they enjoyed.

If you would be interested in supporting this change or have any comments or suggestions, please return the form below.

SMART LIFESTYLE SPRING/ SUMMER 2018 HILTON/ CRADLEHALL				
WEEK 1 commencing 16th April, 14th May, 11th June, 27th August, 24th September				
Monday	Tuesday	Wednesday	Thursday*	Friday
				
Macaroni Cheese ^(V)	Cook's Chicken Curry ^(FHM) & Rice	Fish & Chips	Traditional Roast Beef	Scotch Beef or Venison** Burger in a Bun
or GRAB & GO Tuna Wrap	or GRAB & GO Cheese Roll	or GRAB & GO Ham Sandwich	or GRAB & GO Chicken Sandwich Cook's Potatoes	or GRAB & GO Egg Wrap
Seasonal Vegetables Salad Selection Ice Cream & Fruit	Seasonal Vegetables Salad Selection Summer Fruit Pudding & Cream	Seasonal Vegetables Salad Selection Fruity Cheese Cake	Seasonal Vegetables Salad Selection Cook's Homebake & Milkshake	Seasonal Vegetables Salad Selection Fruity Friday
Fresh Fruit Selection Assorted Yoghurts	Fresh Fruit Selection Assorted Yoghurts	Fresh Fruit Selection Assorted Yoghurts	Fresh Fruit Selection Assorted Yoghurts	Fresh Fruit Selection Assorted Yoghurts
Children's favourites made with healthier ingredients		**Venison burger contains 28% lamb		

V = vegetarian
* Vegetarian meal prepared on request

Please delete as appropriate and return to the school office:

I would like to see an update to the menu yes / no

My child does not eat school dinners but would if there was a cold option: yes / no

I would not want a change to the school dinner menu yes / no

My child does not eat school dinners but would yes / no

Any other comments or suggestions: